

The Best for you and your baby...

Postpartum Doula Services Agreement.

We, the undersigned, state that we have discussed our wishes for Postpartum Doula Services with Amanda Kearns.

We understand that Amanda will support us and our family in her role as a non-medical Postpartum Doula.

We understand that Amanda will make herself available for work within one week after the birth of our baby(s).

We the undersigned agree that Amanda will work a minimum 4 hours per day for two weeks, or longer if required and requested. Times will be kept for records and the hourly rate to be paid to Amanda will be \$25, payable by cash or cheque after the two weeks & then every two weeks there after.

A cheque for \$100 payable to Amanda Kearns will be taken as a retainer fee after signing this agreement, returned after services are concluded. If you decide not to use Amanda services after signing this agreement then you forfeit the retainer.

We the undersigned agree to contact Amanda by phone or email when we are in labour or shortly after the birth.

As your Postpartum Doula my caring hands will...

I will Care for the new mom, with support of breast feeding, emotional support, answering her questions and healthy eating.

I will Care for the newborn by bathing, changing diapers, holding, soothing, feeding and going for walks etc.

I will Care for the new dad, bonding suggestions & answer his questions.

I will Care for any siblings in the home.

I will take Care of light household chores, dishwasher, laundry, meal prep with directions, or as discussed.

Clients _____ Date _____

Doula _____ Date _____

Amanda Kearns